

# Can Technology Empower Older Adults to Manage Their Health?

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**Abstract:** The article discusses the potential of healthcare technology applications in helping patients and caregivers be better informed, make improved care decisions, and manage medical conditions at home, and factors that prevent full-scale adoption. Topics discussed include need for older adults to have meaningful access to technology systems, technology adoption based on technology usefulness and usability, and applications such as monitoring and sensing technologies, and eHealth applications.

**Subjects:** DIABETES -- Diagnosis, HYPERTENSION -- Diagnosis, AGING, ARTHRITIS, CHRONIC diseases, COGNITIVE testing, HEALTH, HOME care services, INTERNET, MEDICAL care, PATIENTS, PROFESSIONAL associations, ROBOTICS, SAFETY, HEALTH self-care, SELF- efficacy, TECHNOLOGY, COMORBIDITY, DATA analysis, ACCESS to information, ELECTRONIC Health records